

Women for Women 6 FIGURE EVENT



The 4th Annual Women For Women 6 Figure Event

Friday, January 27th to Sunday, January 29th, 2012

Briars Resort & Spa in Jackson's Point, ON

For Day & Weekend Packages, See Event Flyer & Registration Form – WomenForWomen.ca

SHERI ANDRUNYK, Founder of Women For Women Canada & Companies, and the Women For Women 6 Figure Event
Holistic Business & Life Coach, Master NLP Practitioner, *Author, Editor & Publisher*

FRIDAY



I'm really excited again this year, to be announcing the 4th Annual Women For Women 6 Figure Event! If you're wondering why the name '6 Figure Event', it is simply a metaphor for 'thinking bigger' in life! My goal when I first launched this event was to create an 'extra special' conference and retreat 'north of the city', for the amazing women in our communities— *and we have done that and more!* Book a day or full weekend package – and look forward to a uniquely inspiring, motivating and educational event, make new friends and share stories and resources which impact all areas of our lives! The Women For Women & 6 Figure Event Philosophy and Purpose is to create a high quality, affordable event for all women – empower and engage attendees – celebrate local and Canadian talent – open doors for the Small Business Sector, through attainable sponsorship and event participation – and increase awareness of resources, as well as the needs in our communities and abroad, by providing a platform for education and support! *I sincerely hope that you will accept my personal invitation to attend!*

Warmest regards & gratitude, Sheri

For those of you booking the full weekend event, I look forward to some quality time with you on Friday afternoon, where we can enjoy great conversation by the fire and an invigorating mastermind session. In addition, I will be sharing powerful insights, and useful tools and NLP techniques to help you in your personal and professional journey; *resources I access and apply everyday to live my ideal life!* Then we will enjoy a Chakra Balancing meditation and inspirational community drumming together, to anchor our learning and deepen our connections further – for a meaningful, enriching and memorable time together! What a beautiful way to kick off the New Year!



CHERYL MOORE, Holistic Health Practitioner, Intuitive Healer and Social Worker

FRIDAY

Cheryl has twenty five years experience in the counselling field, and specializes in helping people cope with illness. She maintained a busy private practice in York Region from 1995 to 2003 before relocating to the Huronia area, where she continues to offer services with a healing focus. Cheryl teaches and consults on a wide variety of topics, including stress management, meditation, and intuitive development. She knows that healing opportunities present themselves through interaction with others; and to this end, she looks forward to offering a Chakra Balancing meditation on Friday afternoon which will settle us in for a weekend of inspired learning and sharing.



TERRI SEGAL, Expressive Arts Therapist, African Drumming Facilitator & Owner of Rhythmic by Nature

FRIDAY

Drumming has been used for centuries cross-culturally; *as a means of communication, gathering community in celebration, in rites of passage, healing, ritual and for entertainment.* Terri harnesses the therapeutic benefits of Group Drumming through her business Rhythmic by Nature, which facilitates Group Drumming Programs at schools, social service agencies, and for small and large businesses for the purpose of team-building, wellness, recreation, and education. In her innovative, fun, and memorable workshops, Terri focuses on how the process of music-making can enlighten her clients in areas of communication, stress management, and inter-personal dynamics. *Terri and the Rhythmic by Nature Team will be an integral part of our entire weekend – and we're thrilled to have them back for the fourth year in a row!*



HEATHER HILLIARD, Co-Creator of the *Striving Styles™ Personality System*,

SATURDAY

a neuro-psychological approach to achieving potential incorporating the latest advances in brain development.

Who Am I Meant To Be: Learn about Your Striving Style and the longstanding patterns that get in the way of achieving your goals or creating the life you want. Striving Styles™ was profiled in the Nov 2009 and Jan 2010 edition of Oprah Magazine article – *and chosen to appear in "O", The Oprah Magazine's 2010 Annual hardcover edition, an anthology of articles by the magazine's notable contributors.* Heather is a behavioral change expert with over 20 years' experience working with leaders in high growth and dysfunctional organizations. A successful entrepreneur who made the Profit100 list 2 years in a row; she brings a wealth of personal and professional experience to her presentations.



JENIFER MERIFIELD, Success Coach, Master NLP Practitioner & Speaker

SATURDAY

Finding Your Fabulous: You already ARE fabulous... yet as much as we *believe and know* it inside, we all have times of doubt, overwhelm and paralysis of motivation where we just can't *find* our 'Fabulous'. Not knowing she was looking for it, and not even knowing it was possible, Jenifer *found* her fabulous and now *lives* it daily. Having faced difficult challenges that left her feeling unloved, unworthy and unlikely to have success in her life, she has turned that all around. She now fulfills her purpose by inspiring other women to live every day with passion and have the ability to find their Fabulous in a moment's notice! Jenifer has been awarded one of MOMpreneur's Top 50 Women of the Year in 2010, Stiletto Woman's Top 50 Women on the Web in 2009 *and more.*

Also on Saturday, we'll begin the afternoon with a beautiful horse-drawn sleigh ride together – and wrap up our evening with an inspirational drumming and expressive arts experience! With still a couple of other surprises in store for you..!



LIZ McCALLUM, International Trainer, Part Guru ~ Part Stand-Up Comic, Owner of Big Beautiful Wellness

SUNDAY

Thriving Through Change & Transition: Liz has motivated and inspired people around the world since 1989; you will enjoy her quick wit and down-to-earth approach – and discover WHY we do the crazy things we do, *when life throws us a curve.* Laugh and Learn as we discuss how we react to change, both in the healthy and not-so-healthy ways! Whether you are struggling to bounce back from a setback, are looking for a little motivation or inspiration, need a little understanding or a kick in the butt – *you will walk away with a smile on your face and a plan of action in your hands!*



SHEILA TRECARTIN, Animal Communicator, Holistic Therapist For Pets & People, Intuitive Spiritual Counsellor

SUNDAY

Connecting To Your Inner Voice And Natural Intuition: We all have an inner voice that knows the best choice for us to make in any given situation, *for our best and highest good.* Often we hear it, but allow the impressions and judgements of others (or our own self doubt) to prevent us from acting on that wisdom from within. Sheila will show you simple and easy techniques to help you truly work with your inner voice. She will walk you through ways to get a solid response from the body through gut instinct response and muscle testing. These will be lifelong tools you can rely on.



LAUREN FERRARO, Voice and Speech Practitioner, Your Voice & You

SUNDAY

Finding Your Best Voice: As women, we have voices that are grossly underutilized and underdeveloped... Let's give ourselves a chance to understand and explore the power of the voice; the authority and freedom this can bring us, both within our business and private lives. How we can physically find our voices through vibration? Unlocking your true voice is the key to a more confident, present, authoritative and an articulate you. Voice and Speech Practitioner Lauren Ferraro will help you explore and experience vocal techniques that result in a more truthful and clearer way of communicating. Express yourself through the release of your vocal potential.



Robin Smith – Owner of Fitness Force, Co-owner of Snap Georgina, Personal Trainer & Wellness Coach

SUNDAY

Making Your Dreams Come True: Have you ever met someone who had everything they wanted? Someone who's days and nights were filled with the joy of success and happiness. Have you ever wondered how you could have that too? The truth is you can! People who are living their dreams are regular people like you and me, they've just figured out how to keep fear at bay and the vision of their dreams bigger than any problem. Robin's story will inspire you to get uncomfortable with normal, daydream a little and make your own dreams come true.

Also extending a warm welcome to our guests, some of the Women For Women Team that will be attending!



Wayne
Andrunyk



Gayle
Clarke



Cheryl
McCombe



Lorraine
Thornhill



Kim
Stark



Kim
Leitch



Robin
Smith



Bob
Kyriakides



During our registration times, coffee/tea breaks, and the formal program, guests will have the opportunity to meet our speakers, sponsors and charity representatives. Also, during this time we will have tickets available for our charity gift raffle! All of these beautiful gift items are donated by local businesses to support our event! Pick your favourite(s) and put your ticket in to have a chance to WIN!

Each year Women For Women selects two charities to assist through the annual 6 Figure Event. We believe that there are needs everywhere, as well as excellent organizations and services that deserve a platform to educate and serve our communities further. With the increasing success of the 6 Figure Event Charity Raffle, a portion of event proceeds and a few other fun surprises we have planned – we hope you will be inspired to join us in making a difference!

Alzheimer's Society of York Region – Alzheimer's disease is a progressive, neurodegenerative disorder that breaks down and destroys nerve cells in the brain. As the disease progresses it affects one's ability to think, remember, and reason. In addition to these losses, Alzheimer's disease creates changes in personality, mood, and behaviour. More than a quarter million people in Canada have Alzheimer's disease. 1 in 11 over the age of 65 has the disease and 1 in 2 over the age of 85 has the disease.

The Alzheimer Society is a non-profit organization and registered charity that offers support, education, and advocacy for families of people with Alzheimer's disease and related dementias. The Society also focuses on raising money to help find a cure and cause for the disease. Their mission is to alleviate the personal and social consequences of Alzheimer's disease and related dementias and to promote research. Their vision: a world without Alzheimer's disease.

Million Dollar Smiles – is a non-profit organization that exists to put smiles on the faces of people facing major challenges in their everyday lives. With every smile given and received, our heart gets a little stronger, *and in return only brings true happiness*. Million Dollar Smiles offers us the opportunity to share a 'Smile' with a child facing life threatening illnesses. The Smile program offers a 4 foot tall stuffed bear to deliver a bear hug, and each family receives a \$100 gift certificate from Toys 'R' Us for the sponsored child. With a sea of inspired volunteers, they also build backyard playgrounds for children too ill to be far from home. 'Smiles' relieve stress and bring happiness to the heart of both the giver and receiver. Through gift-giving and events geared to creating positive energy to those in need, the MDS Programs make a difference and provide to the less fortunate 'a reason to smile'. Your support to Million Dollar Smiles helps to put a smile on the faces of those who have few opportunities to smile.

"You are truly the richest person in the world when you can smile."

A Warm Thanks to all of our Sponsors! You make this incredible event even more memorable and successful!

Program can be subject to change to maintain quality and integrity of event.

