



PREPARING FOR YOUR VISIT

Present yourself without jewellery or luggage 15 minutes prior to your service. Upon arrival, you will fill out a confidential history form. This allows our spa therapists to be aware of any medical conditions that may affect your treatment. All guests under 18 must have the health form we provide signed by their parent or guardian and the minimum age for spa guests is 12 years of age accompanied by their guardian.

We provide a robe, slippers, towels showers and toiletries. To encourage complete relaxation for yourself and others, please turn off all cellular phones. The Briars Spa is not responsible for lost items so we suggest you leave valuables at home or in a Briars' safety deposit box. We do not provide childcare services in the spa and parents with young children are encouraged to find appropriate care for their loved ones during treatment time. We accept children from 8 years of age and older for manicures and pedicures.



ADDITIONAL CONSIDERATIONS

To Reserve Your Treatment

Our spa coordinators are available to assist you with your selections. To avoid disappointment, we suggest that you book your appointments as far in advance as possible. A major credit card is required to book your services.

Cancellations and Missed Appointments

If an appointment is cancelled with less than 24 hours notice, a fee of 50% of the treatment cost will be billed to your credit card on file. The same fee will be applied to missed appointments.

Insurance Receipts

Many of our therapists are registered (RMT) and all are certified in their professions. Receipts for insurance plans are available only with RMT Therapists. Please inquire when booking your treatments whether an RMT is available.

Gift Certificates

Spa Gift Certificates are available to order by phone, email or in person. The certificate must be presented to spa reception upon arrival.

Accessibility

There is wheelchair access to the spa elevator adjacent to the resort reception.

Methods of Payment

Rates, packages, and services are in Canadian funds and subject to change without notice. Guests may sign their spa service charges to their room. Guests who have already checked out must pay at the Spa Reception Desk. Visa, MasterCard, Amex, Direct Debit or Cash are all accepted. We also accept WaySpa, Spa Finder or LifeExperiences cards. No third-party cards may be used in combination with any spa packages or promotions.

^{**}Prices subject to change

SKIN CARE TREATMENTS



SPA PRESTIGE XMF PIONEER

90 minutes | \$198

This original treatment uses innovative ingredients and exceptional treatment techniques for instant visible results. Utilizing two professional masks and a proprietary resurfacing lotion, this treatment restores the skin's youthful softness while minimizing lines and wrinkles.

YOUTH INTERVENTION

60 minutes | \$145

A younger looking face, wrinkles are less visible, and skin is firmer and more radiant thanks to three high-performing products. Through a unique application procedure this treatment works in 3 phases: **Resurfaces** the skin using an exfoliant, **Corrects** wrinkles using a massage wax, and **Restructures** by smoothing & firming.

LAKE SIMCOE FACIAL

45 minutes | \$115

This is the perfect facial for someone looking for basic skin care needs. Restore your skin's natural glow and nourish your skin using PHYTOMER marine products tailored to meet the needs of every skin type.

CITYLIFE

60 minutes | \$145

Pollution and dehydration cause signs of fatigue, dark spots and a create a dull and sallow complexion. CITYLIFE reoxygenates tired eyes and at the same time diffuses mineral water into dehydrated and asphyxiated skin for complete moisture renewal.

DOUCEUR MARINE

60 minutes | \$145

Best for skin that is sensitive or subject to redness. This treatment softens and sooths irritated skin, providing a more radiant glow. Smoothing the complexion with the localized application of a fresh, melting bi-gel and a rich mask. After several minutes the mask is massaged in, stimulating circulation.

ELTRADERM COLLAGEN FACIAL

60 minutes | \$145

Collagen, hyaluronic acid, and vitamin C nourish the deeper layers of our skin, while antioxidants and skin hydrators strengthen the skins outer layers.

SKIN CARE TREATMENTS





HYDRA ORIGINAL

60 minutes | \$145

PHYTOMER reinvents moisturizing with HYDRA ORIGINAL TREATMENT. This three-step system leaves skin looking rested, plumped, and hydrated.

SKIN ESCAPE FOR MEN

60 minutes | \$145

PHYTOMER HOMME product range are used to deliver a more specifically adapted solution for the treatment of the male skin.

ENHANCEMENTS

EYE PERFECTION

15 minutes | \$40

Targeted effectiveness and total relaxation for perfect eyes. Delicate massage reveals Instantly visible results for eyes that light up looking smooth and rested.

BODY THERAPIES

SWEDISH MASSAGE

The Swedish Massage was developed to work the body's soft tissue and lymphatic system. Using specific movements, Swedish massage relieves muscular aches & pains, reduces tension, improves circulation and restores the range of motion to joints. (RMT)

30 minutes | \$84 45 minutes | \$110 60 minutes | \$135

DEEP TISSUE MASSAGE

The Deep Tissue Massage is a more focused therapeutic treatment and is an excellent choice for those who receive massage on a more frequent basis. During the deep tissue massage, the therapist works to release chronic muscle tension and knots.

30 minutes | \$89 45 minutes | \$115 60 minutes | \$140

HOT STONE MASSAGE

The lingering heat from the smooth river stones on the body will melt away muscular tension for a unique, soothing massage. You will experience a state of relaxation within minutes for a complete body, mind and soul treatment.

75 minutes | \$173

RELAXING MASSAGE

A soothing massage using essential oils known for their medicinal properties. This healing blend will be custom mixed by your therapist based on your specific needs. Aromatherapy massage can aid in reducing stress and enhance overall well being. (no insurance receipts issued)

30 minutes | \$79 45 minutes | \$105 60 minutes | \$120



PRE-NATAL MASSAGE

This pregnancy massage has been found to reduce stress, decrease swelling in the arms and legs, and relieve aches and pains in muscles and joints. The expecting mom will be positioned for support during the massage, using pillows and padding to ensure the safety of mother and baby.

30 minutes | \$84 45 minutes | \$110 60 minutes | \$135

STONE FLEX

A relaxing massage using heated river stones on the body, enhanced by reflexology on the feet and a scalp massage will take you to a deeper level of relaxation. This treatment includes the use of a seasonal blend of essential for heightened relaxation. (no insurance receipts issued.

90 minutes | \$210

HOLISTIC THERAPIES

THE HOLISTIC DUO

Revitalize your life essence with the healing benefits of Reflexology and Aromatherapy. Your therapist will gently work on the pressure points of your feet, releasing tension and stress. Combine this with a relaxing massage enhanced with essential oils to completely balance your senses.

60 minutes | \$135

DETOX REFLEXOLOGY

Combining the natural healing powers of Reflexology and the potency of detoxifying algae, the pressure is applied to specific "reflex" points on the feet while a special mud algae, that is lined down the spine, stimulates circulation and aids in whole body detox.

30 minutes | \$94 45 minutes | \$120 60 minutes | \$145

REFLEXOLOGY

An ancient form of natural healing. Pressure is applied to specific "reflex" points in the feet in order to release energy blockages in the corresponding areas throughout the body. Deeply relaxing and benefits both body and mind.

30 minutes | \$84 45 minutes | \$110 60 minutes | \$135



HYDROTHERAPY & WRAPS



DETOX MARINE

60 minutes | \$145

Treat yourself to this totally custom blended experience. Begin with an exfoliation and then let us lather you in Algae to purify, tone and eliminate toxins. This treatment should not be received if you have an allergy to shellfish or iodine or if you are pregnant.

REMINERALIZING BODY WRAP

60 minutes | \$145

Instantly relax with this body wrap. The experience begins with an exfoliation followed by a body mask that is ideal for instantaneous revitalization thanks to the algae extract, Oligomer.

BODY POLISH

30 minutes | \$92

Mineral salts are used to help you relax, rejuvenate and revitalize dry and tired skin. Followed by a hydrotherapeutic shower and the application of a nutrient-rich cream. PHYTOMER products are used in this service.

SCALP HYDROTHERAPY

60 minutes | \$145

Indulge in The Briars unique scalp hydrotherapy treatment. Enjoy the relaxing touch of skillful hands and the healing essences of an aromatherapy conditioner.

HANDS & FEET

MANICURE

30 minutes | \$30

Includes nail shaping, cuticle repair, hydrating hand massage, and optional polish application.

SPA MANICURE

45 minutes | \$45

Includes manicure with the addition of an exfoliation, warm paraffin treatment, and optional polish application.

SHELLAC MANICURE

45 minutes | \$50

Includes manicure, application of long last shellac polish, and a hand massage.

PEDICURE

60 minutes | \$65

Your treatment includes nail shaping, cuticle repair, hydrating foot massage and optional polish application.

SPA PEDICURE

75 minutes | \$75

Includes pedicure with the addition of aromatic foot wrap, callous softening, exfoliation, and a warm paraffin application.

ENHANCEMENTS

French Polish	free
Shellac French Polish	free
Shellac Removal	\$15

SALON SERVICES

Brow or Lip Waxing	\$20
Brow & Lip Waxing	\$30
Underarm Waxing	\$27
Bikini Waxing	\$30
Lower/Upper Leg Waxing	\$40/\$45
Half Leg Waxing	\$68
Brow Tinting	\$17
Eyelash Tinting	\$30
Brow & Eyelash Tinting	\$43

BEST SPA MEMBERSHIP

YOUR BENEFITS*

- Enjoy a 60-minute massage for \$109 (Regular price is \$135)
- Receive an official receipt for insurance claim!
- Provide use of a robe, sandals, and a locker
- Access to our sauna, whirlpool, and indoor pool
- Complimentary refreshment
- *Minimum one massage per month, 12-month commitment



A peaceful oasis on the shores of Lake Simcoe, The Briars Spa is the place to relax your body and revitalize your mind and spirit.



SPECIALS

MONDAY
Briars Pedicure
Regular \$65 | Now \$50

TUESDAY
Seniors Day
15% OFF manicure, pedicure and
facial treatments

See our spa promotions page for monthly or seasonal specials and promotions

Click here

SPA DAY PACKAGES

PURE INDULGENCE

\$345

60-minute Relaxing Massage 60-minute facial Spa Manicure Spa Pedicure

BRIARS LUXE ESCAPE

\$297

60-minute Relaxing Massage 45-Minute Lake Simcoe Facial Briars Manicure Briars Pedicure

REFRESH AND RECHARGE

\$216

60-minute Specialized Facial Briars Manicure Briars Pedicure



CONTACT US

(905) 722 - 0001 1 (800) 465 - 2376 spa@briars.ca

VISIT US

55 Hedge Rd Jacksons Point, ON LOE 1L0

HOURS

Open every day: 10 am to 6 pm

WWW.BRIARS.CA
JUNE 2023