

# **DINING TIMES**

### Monday to Thursday

Breakfast - 8:00 am to 10:00 am Lunch - 11:00 am to 4:00 pm Dinner - 5:00 pm to 7:30 pm

Friday to Sunday Breakfast - 8:00 am to 10:30 am

Lunch - 11:00 am to 4:00 pm Dinner - 5:00 pm to 8:00 pm

**RESERVATIONS FOR DINING** ARE REQUIRED 905-722-0001



Follow Us!

Stay up to date with everything that's happening at The Briars by following us on social media or joining our mailing list!



Facebook.com/BriarsResort

THANK YOU FOR

**STAYING WITH US!** 

55 HEDGE ROAD

JACKSON'S POINT, ON

905-722-0001 1 WWW.BRIARS.CA





THE BRIARS **RESORT & SPA ON LAKE SIMCOE** 

**Recreation Guide** 

JULY 1 - JULY 31, 2025

WWW.BRIARS.CA

# OTHER THINGS TO DO



The Spa Located on floor A, the spa has just what you need to relax and recharge!



**Bikes, Volley Ball, Frisbee & Tennis!** Stay active, play hard, and make memories - bikes, volleyball, frisbee, and tennis See the front desk for facilities.



**Indoor Pool & Sauna** Go for a swim in the poo and unwind in the Open: 10 am-10 pm



Games. Games & More Games Checkout our games rooms for Darts, Billiards, Ping Pong and more! Equipment is at Front Desk.



### MONDAY

10:00 am to 6:00 pm - All-Day Recreation Enjoy our beach, kayaks, bikes, pool, sauna & more! L-3

4:00 pm - Bingo Night (\$) Numbers, laughter, and a shot at meal prizes!

> 8:00 pm - Sunset Yoga (\$) Carly leads an invigorating morning session by the water L-4 Min. 10 participants | Reserve 1 week in advance

8:00 pm - Evening Campfire Fountain Court

## TUESDAY

10:00 am to 6:00 pm - All-Day Recreation Enjoy our beach, kayaks, bikes, pool, sauna & more! L-3

> 5:30 pm - 6:30 pm - Paint & Sip (\$) Unwind with Judy – drink, paint, and good vibes! Min. 10 participants | Reserve 2 days in advance

#### (\$) Contact the front desk for pricing and to sign up.

Activities with a require you to sign up at Front Desk at least 1 day before the event!

Meet in the Front Room for activities with no specified location.

\*The Briars reserves the right to final interpretation. \*Activities may be canceled and fully refunded if minimum reservation requirements are not met.

#### WEDNESDAY

- 10:00 am to 6:00 pm All-Day Recreation Enjoy our beach, kayaks, bikes, pool, sauna & more! L-3
- 4:00 pm Bingo Night \$ Numbers, laughter, and a shot at meal prizes!
  - 8:00 pm Sunset Yoga (\$) Carly leads an invigorating morning session by the water L-4 Min. 10 participants | Reserve 1 week in advance

8:00 pm - Evening Campfire Fountain Court

## THURSDAY

10:00 am to 6:00 pm - All-Day Recreation Enjoy our beach, kayaks, bikes, pool, sauna & more! L-3

1:00 pm - 10:00 pm - Wing & Beer (\$) Crispy wings + cold beer = perfect Thursday!

5:30 pm - 6:30 pm - Paint & Sip (\$) Unwind with Judy – drink, paint, and good vibes! Min. 10 participants | Reserve 2 days in advance

**8:00 pm - Evening Campfire** Fountain Court



Boat availability is weather and water dependent. All judgemnet calls are made with your safety in mind.

#### FRIDAY

- 10:00 am to 6:00 pm All-Day Recreation
   Enjoy our beach, kayaks, bikes, pool, sauna & more! 1-3
- 7:00 pm 8:00 pm Wine & Cheese
   Pairing Night (\$)
   Sip, savor, and explore perfect pairings in a relaxed, social setting.
- 5:00 pm 8:00 pm Dinner & Live Music Savor a delicious meal while enjoying live tunes!

**8:00 pm - Evening Campfire** Fountain Court

#### SATURDAY

- 10:00 am to 6:00 pm All-Day Recreation Enjoy our beach, kayaks, bikes, pool, sauna & more! L-3
- 7:00 pm 8:00 pm Wine & Cheese Pairing Night (\$) Sip, savor, and explore perfect pairings in a relaxed, social setting. Advance sign-up required.
- 8:00 pm Evening Campfire Fountain Court

#### Open 10 am - 6 pm Daily

See one of our attendants for:

- Canoes
- Kayaks
   Towels
- Stand up paddle boards

## SUNDAY

7:30 am - Sunrise Yoga (\$) Carly leads an invigorating morning session by the water L-4 Min. 10 participants | Reserve 1 week in advance

10:00 am to 6:00 pm - All-Day Recreation Enjoy our beach, kayaks, bikes, pool, sauna & more! L-3

> 5:30 pm - 6:30 pm - Paint & Sip (\$) Unwind with Judy – drink, paint, and good vibes! Min. 10 participants | Reserve 2 days in advance

8:00 pm - Evening Campfire Fountain Court

# **Exertion Levels**

**1-Very Low (L-1)** Easy effort and suitable for most people. Uneven ground and stairs are generally unavoidable.

2-Low (L-2)

Some effort required but generally suitable for most people. Programs can sometimes be up to an hour of standing or consistent effort.

#### 3-Medium (L-3)

Considerable effort is required and good physical health is assumed. Programs can exceed an hour of moderate physical effort.

#### 4-High (L-4)

High amount of effort is required and excellent physical condition necessary. Suitable footwear is a necessity.