



THE  
BRIARS  
SPA



# PREPARING FOR YOUR VISIT

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Present yourself without jewellery or luggage 15 minutes prior to your service. Upon arrival, you will fill out a confidential history form. This allows our spa therapists to be aware of any medical conditions that may affect your treatment. All guests under 18 must have the health form we provide signed by their parent or guardian and the minimum age for spa guests is 12 years of age accompanied by their guardian.

We provide a robe, slippers, towels showers and toiletries. To encourage complete relaxation for yourself and others, please turn off all cellular phones. The Briars Spa is not responsible for lost items so we suggest you leave valuables at home or in a Briars' safety deposit box. We do not provide childcare services in the spa and parents with young children are encouraged to find appropriate care for their loved ones during treatment time. We accept children from 8 years of age and older for manicures and pedicures.





# ADDITIONAL CONSIDERATIONS

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## **To Reserve Your Treatment**

Our spa coordinators are available to assist you with your selections. To avoid disappointment, we suggest that you book your appointments as far in advance as possible. A major credit card is required to book your services.

## **Cancellations and Missed Appointments**

If an appointment is cancelled with less than 24 hours notice, a fee of 50% of the treatment cost will be billed to your credit card on file. The same fee will be applied to missed appointments.

## **Insurance Receipts**

Many of our therapists are registered (RMT) and all are certified in their professions. Receipts for insurance plans are available only with RMT Therapists. Please inquire when booking your treatments whether an RMT is available.

## **Gift Certificates**

Spa Gift Certificates are available to order by phone, email or in person. The certificate must be presented to spa reception upon arrival.

## **Accessibility**

There is wheelchair access to the spa elevator adjacent to the resort reception.

## **Methods of Payment**

Rates, packages, and services are in Canadian funds and subject to change without notice. Guests may sign their spa service charges to their room. Guests who have already checked out must pay at the Spa Reception Desk. Visa, MasterCard, Amex, Direct Debit or Cash are all accepted. We also accept WaySpa, Spa Finder or LifeExperiences cards. No third-party cards may be used in combination with any spa packages or promotions.

\*\*Prices subject to change

# SKIN CARE TREATMENTS



## SPA PRESTIGE XMF PIONEER

*90 minutes | \$190*

This original treatment uses innovative ingredients and exceptional treatment techniques for instant visible results. Utilizing two professional masks and a proprietary resurfacing lotion, this treatment restores the skin's youthful softness while minimizing lines and wrinkles.

## YOUTH INTERVENTION

*60 minutes | \$139*

A younger looking face, wrinkles are less visible, and skin is firmer and more radiant thanks to three high-performing products. Through a unique application procedure this treatment works in 3 phases: **Resurfaces** the skin using an exfoliant, **Corrects** wrinkles using a massage wax, and **Restructures** by smoothing & firming.

## LAKE SIMCOE FACIAL

*45 minutes | \$109*

This is the perfect facial for someone looking for basic skin care needs. Restore your skin's natural glow and nourish your skin using PHYTOMER marine products tailored to meet the needs of every skin type.

## CITYLIFE

*60 minutes | \$139*

Pollution and dehydration cause signs of fatigue, dark spots and a create a dull and sallow complexion. CITYLIFE reoxygenates tired eyes and at the same time diffuses mineral water into dehydrated and asphyxiated skin for complete moisture renewal.

## DOUCEUR MARINE

*60 minutes | \$139*

Best for skin that is sensitive or subject to redness. This treatment softens and soothes irritated skin, providing a more radiant glow. Smoothing the complexion with the localized application of a fresh, melting bi-gel and a rich mask. After several minutes the mask is massaged in, stimulating circulation.

## ELTRADERM COLLAGEN FACIAL

*60 minutes | \$139*

Collagen, hyaluronic acid, and vitamin C nourish the deeper layers of our skin, while antioxidants and skin hydrators strengthen the skins outer layers.

# SKIN CARE TREATMENTS



## HYDRA ORIGINAL

**60 minutes | \$139**

PHYTOMER reinvents moisturizing with HYDRA ORIGINAL TREATMENT. This three-step system leaves skin looking rested, plumped, and hydrated.

## SKIN ESCAPE FOR MEN

**60 minutes | \$139**

PHYTOMER HOMME product range are used to deliver a more specifically adapted solution for the treatment of the male skin.

## ENHANCEMENTS

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### EYE PERFECTION

**15 minutes | \$39**

Targeted effectiveness and total relaxation for perfect eyes. Delicate massage reveals instantly visible results for eyes that light up looking smooth and rested.

# BODY THERAPIES

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## SWEDISH MASSAGE

The Swedish Massage was developed to work the body's soft tissue and lymphatic system. Using specific movements, Swedish massage relieves muscular aches & pains, reduces tension, improves circulation and restores the range of motion to joints. (RMT)

**30 minutes | \$80**

**45 minutes | \$105**

**60 minutes | \$130**

## DEEP TISSUE MASSAGE

The Deep Tissue Massage is a more focused therapeutic treatment and is an excellent choice for those who receive massage on a more frequent basis. During the deep tissue massage, the therapist works to release chronic muscle tension and knots.

**30 minutes | \$85**

**45 minutes | \$110**

**60 minutes | \$135**

## HOT STONE MASSAGE

The lingering heat from the smooth river stones on the body will melt away muscular tension for a unique, soothing massage. You will experience a state of relaxation within minutes for a complete body, mind and soul treatment.

**75 minutes | \$165**



## RELAXING MASSAGE

A soothing massage using essential oils known for their medicinal properties. This healing blend will be custom mixed by your therapist based on your specific needs. Aromatherapy massage can aid in reducing stress and enhance overall well being.(no insurance receipts issued)

**30 minutes | \$75**

**45 minutes | \$100**

**60 minutes | \$115**

**90 minutes | \$160**

## DOUBLE THE PLEASURE

Totally relax and enjoy the Briars Spa signature treatment. Enjoy the pampering effects of a facial and reflexology treatment performed at the same time. Treatments are customized to your personal skin and reflexive needs.

**60 minutes | \$269**

## PRE-NATAL MASSAGE

This pregnancy massage has been found to reduce stress, decrease swelling in the arms and legs, and relieve aches and pains in muscles and joints. The expecting mom will be positioned for support during the massage, using pillows and padding to ensure the safety of mother and baby.

**30 minutes | \$80**

**60 minutes | \$130**

## STONE FLEX

A relaxing massage using heated river stones on the body, enhanced by reflexology on the feet and a scalp massage will take you to a deeper level of relaxation. This treatment includes the use of a seasonal blend of essential for heightened relaxation. (no insurance receipts issued.

**90 minutes | \$200**



# HOLISTIC THERAPIES

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## THE HOLISTIC DUO

Revitalize your life essence with the healing benefits of Reflexology and Aromatherapy. Your therapist will gently work on the pressure points of your feet, releasing tension and stress. Combine this with a relaxing massage enhanced with essential oils to completely balance your senses.

**60 minutes | \$130**

## DETOX REFLEXOLOGY

Combining the natural healing powers of Reflexology and the potency of detoxifying algae, the pressure is applied to specific “reflex” points on the feet while a special mud algae, that is lined down the spine, stimulates circulation and aids in whole body detox.

**30 minutes | \$90**

**60 minutes | \$130**

## REFLEXOLOGY

An ancient form of natural healing. Pressure is applied to specific “reflex” points in the feet in order to release energy blockages in the corresponding areas throughout the body. Deeply relaxing and benefits both body and mind.

**30 minutes | \$80**

**60 minutes | \$130**



# HYDROTHERAPY & WRAPS



## DETOX MARINE

*60 minutes* | \$139

Treat yourself to this totally custom blended experience. Begin with an exfoliation and then let us lather you in Algae to purify, tone and eliminate toxins.

## REMINERALIZING BODY WRAP

*60 minutes* | \$139

Instantly relax with this body wrap. The experience begins with an exfoliation followed by a body mask that is ideal for instantaneous revitalization thanks to the algae extract, Oligomer.

## BODY POLISH

*30 minutes* | \$89

Mineral salts are used to help you relax, rejuvenate and revitalize dry and tired skin. Followed by a hydrotherapeutic shower and the application of a nutrient-rich cream. PHYTOMER products are used in this service.

## SCALP HYDROTHERAPY

*60 minutes* | \$140

Indulge in The Briars unique scalp hydrotherapy treatment. Step in and rejuvenate in the steam of the Six-Jet Shower. Then enjoy the relaxing touch of skillful hands and the healing essences of an aromatherapy conditioner.

# HANDS & FEET

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## MANICURE

*30 minutes* | \$30

Includes nail shaping, cuticle repair, hydrating hand massage, and optional polish application.

## SPA MANICURE

*45 minutes* | \$45

Includes manicure with the addition of an exfoliation, warm paraffin treatment, and optional polish application.

## SHELLAC MANICURE

*45 minutes* | \$50

Includes manicure, application of long last shellac polish, and a hand massage.

## PEDICURE

*60 minutes* | \$65

Your treatment includes nail shaping, cuticle repair, hydrating foot massage and optional polish application.

## SPA PEDICURE

*75 minutes* | \$75

Includes pedicure with the addition of aromatic foot wrap, callous softening, exfoliation, and a warm paraffin application.

## ENHANCEMENTS

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French Polish	\$5
Shellac French Polish	\$10
Shellac Removal	\$15

## SALON SERVICES

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Brow or Lip Waxing	\$16
Brow & Lip Waxing	\$27
Underarm Waxing	\$27
Bikini Waxing	\$30
Lower/Upper Leg Waxing	\$33/\$37
Half Leg Waxing	\$33
Brow Tinting	\$16
Eyelash Tinting	\$22
Brow & Eyelash Tinting	\$32

# BEST SPA MEMBERSHIP

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## YOUR BENEFITS\*

- Enjoy a 60-minute massage for \$109 (Regular price is \$135)
- Receive an official receipt for insurance claim!
- Provide use of a robe, sandals, and a locker
- Access to our sauna, whirlpool, and indoor pool
- Complimentary refreshment

\*Minimum one massage per month, 12-month commitment



A peaceful oasis on the shores of Lake Simcoe, The Briars Spa is the place to relax your body and revitalize your mind and spirit.



# SPECIALS

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## **Monday**

Briars Pedicure

Regular \$65 | Now \$50

## **Tuesday**

Seniors Day

15% of manicure, pedicure and  
facial treatments

## **Wrap it Up Wednesday**

20% OFF Body Wraps

**EXCITING NEW DAY SPA PACKAGES  
ARE COMING IN THE SPRING  
CHECK BACK IN APRIL**







## CONTACT US

(905) 722 - 0001  
1 (800) 465 - 2376  
spa@briars.ca

## VISIT US

55 Hedge Rd  
Jacksons Point, ON  
L0E 1L0

## HOURS

Open every day:  
10 am to 6 pm

WWW.BRIARS.CA  
FEBRUARY 2023