



THE
BRIARS
SPA

PREPARING FOR YOUR VISIT

Present yourself without jewelry or luggage 15 minutes prior to your service. Upon arrival, you will fill out a confidential history form. This allows our spa therapists to be aware of any medical conditions that may affect your treatment. All guests under 18 must have the health form we provide signed by their parent or guardian and the minimum age for spa guests is 12 years of age accompanied by their guardian.

We provide a robe, slippers, towels showers and toiletries. To encourage complete relaxation for yourself and others, please turn off all cellular phones. The Briars Spa is not responsible for lost items so we suggest you leave valuables at home or in a Briars' safety deposit box. We do not provide childcare services in the spa and parents with young children are encouraged to find appropriate care for their loved ones during treatment time. We accept children from 8 years of age and older for manicures and pedicures.



ADDITIONAL CONSIDERATIONS

To Reserve Your Treatment

Our spa coordinators are available to assist you with your selections. To avoid disappointment, we suggest that you book your appointments as far in advance as possible. A major credit card is required to book your services.

Cancellations and Missed Appointments

If an appointment is cancelled with less than 24 hours notice, a fee of 50% of the treatment cost will be billed to your credit card on file. The same fee will be applied to missed appointments.

Insurance Receipts

Many of our therapists are registered (RMT) and all are certified in their professions. Receipts for insurance plans are available only with RMT Therapists. Please enquire when booking your treatments whether an RMT is available.

Gift Certificates

Spa Gift Certificates are available to order by phone, email or in person. The certificate must be presented to spa reception upon arrival.

Accessibility

There is wheelchair access to the spa elevator adjacent to the resort reception.

Methods of Payment

Rates, packages, and services are in Canadian funds and subject to change without notice. Guests may sign their spa service charges to their room. Guests who have already checked out must pay at the Spa Reception Desk. Visa, MasterCard, Amex, Direct Debit or Cash are all accepted. We also accept WaySpa, LifeExperiences and Ontario's Finest Certificates or Cards. No third-party cards may be used in combination with any spa packages or promotions.

SKIN CARE TREATMENTS



SPA PRESTIGE XMF PIONEER

90 minutes | \$182

This original treatment uses innovative ingredients and exceptional treatment techniques for instant visible results. Utilizing two professional masks and a proprietary resurfacing lotion, this treatment restores the skin's youthful softness while minimizing lines and wrinkles.

YOUTH INTERVENTION

60 minutes | \$134

A younger looking face, wrinkles are less visible, and skin is firmer and more radiant thanks to three high-performing products. Through a unique application procedure this treatment works in 3 phases: **Resurfaces** the skin using an exfoliant, **Corrects** wrinkles using a massage wax, and **Restructures** by smoothing & firming.

LAKE SIMCOE FACIAL

45 minutes | \$103

This is the perfect facial for someone looking for basic skin care needs. Restore your skin's natural glow and nourish your skin using PHYTOMER marine products tailored to meet the needs of every skin type.

CITYLIFE

60 minutes | \$134

Like a sea breeze, CITYLIFE cream sweeps away toxic microparticles and repairs skin damage.

Pollution and dehydration cause signs of fatigue, dark spots and a create a dull and sallow complexion. CITYLIFE reoxygenates tired eyes and at the same time diffuses mineral water into dehydrated and asphyxiated skin for complete moisture renewal. Experience its power with its sorbet-like texture and its expert anti-pollution formula.

DOUCEUR MARINE

60 minutes | \$134

Best for skin that is sensitive or subject to redness. This treatment softens and soothes irritated skin, providing a more radiant glow. Smoothing the complexion with the localized application of a fresh, melting bi-gel and a rich mask. After several minutes the mask is massaged in, stimulating circulation.

SKIN CARE TREATMENTS



SPA MEMBERSHIP

We commit to you the very best price for your massage treatments when you commit to The Briars Spa for only one hour of relaxation every month for twelve consecutive months.

Ask about the details of our Briars Spa Membership and save on monthly massages and other spa services.

HYDRA BLUE

60 minutes | \$134

PHYTOMER reinvents moisturizing with HYDRA BLUE. This three-step system leaves skin looking rested, plumped, and hydrated.

SKIN ESCAPE FOR MEN

60 minutes | \$134

PHYTOMER HOMME product range are used to deliver a more specifically adapted solution for the treatment of the male skin.

ENHANCEMENTS

EYE PERFECTION

15 minutes | \$37

Targeted effectiveness and total relaxation for perfect eyes. Delicate massage reveals instantly visible results for eyes that light up looking smooth and rested.

BODY THERAPIES

SWEDISH MASSAGE

The Swedish Massage was developed to work the body's soft tissue and lymphatic system. Using specific movements, Swedish massage relieves muscular aches & pains, reduces tension, improves circulation and restores the range of motion to joints. (RMT Available)

30 minutes | \$65

45 minutes | \$90

60 minutes | \$122

90 minutes | \$166

DEEP TISSUE MASSAGE

The Deep Tissue Massage is a more focused therapeutic treatment

This treatment is an excellent choice for those who receive massage on a more frequent basis. During the deep tissue massage, the therapist works to release chronic muscle tension and knots. (RMT Available)

30 minutes | \$76

45 minutes | \$98

60 minutes | \$132

HOT STONE MASSAGE

The lingering heat from the smooth river stones on the body will melt away muscular tension for a unique, soothing massage. You will experience a state of relaxation within minutes for a complete body, mind and soul treatment.

75 minutes | \$154

AROMATHERAPY MASSAGE

A soothing massage using essential oils known for their medicinal properties. This healing blend will be custom mixed by your therapist based on your specific needs. Aromatherapy massage can aid in reducing stress and enhance overall well being.

30 minutes | \$62

45 minutes | \$78

60 minutes | \$110

90 minutes | \$154

LYMPHATIC DRAINAGE MASSAGE

This European body massage increases circulation and improves lymphatic flow. This is primarily achieved through gentle, rhythmic movements that stimulate the lymphatic vessels to help eliminate toxins.

60 minutes | \$122

DOUBLE THE PLEASURE

Totally relax and enjoy the Briars Spa signature treatment. Enjoy the pampering effects of a facial and reflexology treatment performed at the same time. Treatments are customized to your personal skin and reflexive needs.

60 minutes | \$243

PRE-NATAL MASSAGE

This pregnancy massage has been found to reduce stress, decrease swelling in the arms and legs, and relieve aches and pains in muscles and joints. The expecting mom will be positioned for support during the massage, using pillows and padding to ensure the safety of mother and baby. A Registered Massage Therapist performs this treatment. **(RMT Available)**

30 minutes | \$65

45 minutes | \$90

60 minutes | \$122

STONE FLEX

A relaxing massage using heated river stones on the body, enhanced by reflexology on the feet and a scalp massage will take you to a deeper level of relaxation. This treatment includes the use of a seasonal blend of essential for heightened relaxation.

90 minutes | \$190

COUPLES MASSAGE

Experiencing one of the following in the comfort of our side by side treatment room: Swedish, Deep Tissue, Hot Stone or Aromatherapy Massage. Per person rates still, apply. See a spa coordinator for more information on insurance receipts.

HOLISTIC THERAPIES

THE HOLISTIC DUO

Revitalize your life essence with the healing benefits of Reflexology and Aromatherapy. Your therapist will gently work on the pressure points of your feet, releasing tension and stress. Combine this with a relaxing massage enhanced with essential oils to completely balance your senses.

60 minutes | \$121

DETOX REFLEXOLOGY

Combining the natural healing powers of Reflexology and the potency of detoxifying algae, the pressure is applied to specific “reflex” points on the feet while a special mud algae, that is lined down the spine, stimulates circulation and aids in whole body detox.

30 minutes | \$76

45 minutes | \$104

60 minutes | \$122

REFLEXOLOGY

An ancient form of natural healing. Pressure is applied to specific “reflex” points in the feet in order to release energy blockages in the corresponding areas throughout the body. Deeply relaxing and benefits both body and mind.

30 minutes | \$62

45 minutes | \$85

60 minutes | \$110

HYDROTHERAPY & WRAPS



DETOX MARINE

60 minutes | **\$133**

Treat yourself to this totally custom blended experience. Begin with an exfoliation and then let us lather you in Algae to purify, tone and eliminate toxins.

REMINERALIZING BODY WRAP

60 minutes | **\$133**

Instantly relax with this body wrap. The experience begins with an exfoliation followed by a body mask that is ideal for instantaneous revitalization thanks to the algae extract, Oligomer.

MOKKACCINO

BODY WRAP BY

CLAYTON SHAGAL

60 minutes | **\$133**

Deliciously enjoyable for your senses and your skin! An aromatic blend of cocoa and coffee in a rich and creamy texture designed as the ultimate luxury for your skin.

Begin by energizing and cleansing that dry, rough, flaky skin on all your body then let us pamper you with a 100 percent authentic Mokkaccino Mud Mask. Once completed, your body will feel invigorated and nourished from head to toes.

BODY POLISH

30 minutes | **\$89**

Mineral salts are used to help you relax, rejuvenate and revitalize dry and tired skin. Followed by a hydrotherapeutic shower and the application of a nutrient-rich cream. PHYTOMER products are used in this service.

SCALP HYDROTHERAPY

60 minutes | **\$140**

Indulge in The Briars unique scalp hydrotherapy treatment. Step in and rejuvenate in the steam of the Six-Jet Shower. Then enjoy the relaxing touch of skillful hands and the healing essences of an aromatherapy conditioner.

HANDS & FEET

MANICURE

30 minutes | \$32

Includes nail shaping, cuticle repair, hydrating hand massage, and optional polish application.

SPA MANICURE

45 minutes | \$48

Includes manicure with the addition of an exfoliation, warm paraffin treatment, and optional polish application.

SHELLAC MANICURE

45 minutes | \$54

Includes manicure, application of long last shellac polish, and a hand massage.

PEDICURE

60 minutes | \$70

Your treatment includes nail shaping, cuticle repair, hydrating foot massage and optional polish application.

SPA PEDICURE

75 minutes | \$81

Includes pedicure with the addition of aromatic foot wrap, callous softening, exfoliation, and a warm paraffin application.

ENHANCEMENTS

French Polish	\$5
Shellac French Polish	\$10
Shellac Removal	\$15

SALON SERVICES

Brow or Lip Waxing	\$16
Brow & Lip Waxing	\$27
Underarm Waxing	\$27
Bikini Waxing	\$27
Full Leg Waxing	\$65
Half Leg Waxing	\$33
Brow Tinting	\$16
Eyelash Tinting	\$22
Brow & Eyelash Tinting	\$32

DAY SPA PACKAGES

Guests staying on The Briars signature overnight getaway, or an overnight package that includes lunch, receive a 10% discount on the day spa packages.

THE RELAX PACKAGE

Approximately 3 hours of Treatments | \$223

- Aromatherapy Massage
- + Manicure
- + Pedicure
- + Delicious Spa Lunch
- + Recreation Pass

ESCAPE ON THE LAKE

Approximately 3 hours of Treatments | \$287

- Aromatherapy Massage
- + The Lake Simcoe Facial
- + Pedicure
- + Delicious Spa Lunch
- + Recreation Pass

THE ROYAL PACKAGE

Approximately 4 hours of Treatments | \$368

- Aromatherapy Massage
- + Specialized Facial
- + Spa Manicure
- + Spa Pedicure
- + Delicious Spa Lunch
- + Recreation Pass

RECREATION PASS

A Recreation Pass is also available for \$15 with a minimum purchase of any service lasting an hour or longer and includes the use of the pool, whirlpool sauna, fitness facilities, tennis courts and walking trails.



CONTACT US

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VISIT US

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HOURS

Open every day:
10 am to 6 pm

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